

SSPPS Office of Experiential Education Preceptor News

Progress Notes and Updates from Renu Singh, Associate Dean for Experiential Education

SSPPS UPDATES: Happy American Pharmacists Month! To all our preceptors who are also pharmacists, we celebrate your dedication to our profession, your patients, and our students. I am pleased to share with you the Summer/Fall issue of our quarterly OEE Newsletter. Faculty and staff have been welcoming our P1-3 students back onto campus during September, with in-person orientation events in our classrooms. Students appreciated seeing each other in-person after a long time, and for staff and faculty it felt marvelous to greet students face-to-face (with indoor masking) instead of the Zoom meetings that had replaced much of the didactic teaching for the past year. With a mandatory COVID-19 vaccination policy at all UC campuses, we are hopeful that in-person classes will continue for the rest of the academic year.

OEE UPDATES: Over the summer, our P2 and P3 students completed their summer block IPPE rotations at community and health-system pharmacies. Our P4 students started their APPE rotations on June 28, and have been attending evening career development programs to assist them in preparing for their future career paths. Student appreciate the tremendous value of their learning experiences at their practice sites. We thank you for teaching and mentoring our students during their rotations.

APPE Updates for the Class of 2022: The Class of 2022 have started their third rotation, Fall A, and midpoint evaluations will be due soon. The midpoint evaluation is an opportunity for the student to receive constructive, written and verbal feedback from their preceptor(s). Specific feedback, with examples, helps students understand areas for improvement. Students who are struggling at the midpoint, and who may be at risk of failing an APPE rotation, should be supported with more frequent meetings with specific goal and action items outlines for the student. Our office should also be contacted immediately if a student is at risk of failing at any time during a rotation. We can provide guidance to preceptors for these situations. Please refer to the SSPPS Early Intervention and Support Guidelines:

https://pharmacy.ucsd.edu/sites/pharmacy.ucsd.edu/files/Early%20Intervention%20and%20Support%20Guidelines%20for%20EE_Ver2_051320_FINAL.pdf



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Special points of interest

- OEE Website: <https://pharmacy.ucsd.edu/>
- OEE Website: <https://pharmacy.ucsd.edu/faculty/experiential-education-preceptors>
- CORE log-in: <https://www.corehighered.com/login-elms>



*Dr. Renu Singh, PharmD, Associate
Dean for Experiential Education*

Please mark your calendars

The 2022 SSPPS APPE Rotation Fair will be held in January of 2022. Invitations will be sent in mid-October. The APPE Rotation fair gives P4 students a chance to meet and interact with rotation sites and preceptors prior to their choosing sites in the APPE lottery. If you don't receive an invitation, but want to attend, please contact Ezra Blaize at eblaize@health.ucsd.edu

Progress Notes and Updates (continued)

COVID-19 Updates: In addition to the UC COVID-19 vaccination mandate, all of our students are required to complete a daily UCSD Online Symptom Tracker. We have instructed them not to report to their rotation sites if they are exhibiting any symptoms of COVID-19. In this case, they should notify their preceptor immediately, as well as our office. If you have any COVID-related concerns regarding our students during the year, please contact us immediately for guidance. In addition, if PPE requirements change at your practice sites, please notify OEE.

P4 Wellness Program: On September 8 we held the first of a three-part P4 wellness program for the class of 2022. The topic was called "Our Authentic Selves" and was led by Dr. Christina Mnatzaganian and Dr. Desiree Shapiro. Several faculty shared their stories of personal set-backs during pharmacy school or early career, followed by small break-out groups with faculty and resident facilitators encouraging reflection by the students. We thank preceptors for releasing the students at 3 pm for this mandatory wellness program. Dates for the next two sessions are:

- Wednesday December 1, 2021 (Block 4: Fall B)
- Wednesday March 9, 2022 (Block 6: Winter B)

IPPEs: Our office met with the P1, P2, and P3 classes in September to provide an orientation and overview of IPPE expectations and requirements for each of the respective classes in preparation for the upcoming year. Starting in September 2021, all P1 students are required to complete a longitudinal community IPPE experience during their P1 year. Every Tuesday for nine weeks, P1 students are assigned to a community pharmacy. This longitudinal experience will provide students an early community pharmacy experience, and complement their classwork in the self-care, Pharmacy Practice, and Law and Ethics courses. Students will continue to complete a three-week block community IPPE during their P1/P2 or P2/P3 summer. We thank the community pharmacist preceptors who offered their pharmacies for this new IPPE.

PRECEPTOR DEVELOPMENT AND NEWS:

We had a very successful Summer Preceptor Development Program on August 14 that focused on providing effective feedback to learners. Details are outlined later in this newsletter.

Thank you for partnering with our school's Office of Experiential Education to train the next generation of strong, compassionate, and caring pharmacists.

2022 Requests for Availability

A request for preceptor availability for APPE and IPPE rotations will be emailed out to preceptors in early October. Please respond by the end of November. We greatly appreciate and value our experiential partners who play a key role in educating our future pharmacists.



Above: Dr. Tan Carlin, PharmD

Preceptor Spotlight: Tan Carlin, PharmD

Pharmacy Manager at Rite Aid, Hillcrest

Recipient: OEE Special Recognition Award for IPPE Community Pharmacy for 2021

Training: Doctor of Pharmacy and Bachelor of Sciences in Pharmaceutical Sciences at The University of Toledo in Toledo, Ohio

SSPPS: What challenges do you see as a preceptor for pharmacy students?

Tan: One of the biggest challenges I face as a preceptor is not being able to devote as much time as I want to the students. With the ever-increasing workload and decreasing help the pharmacists get, I find I am having to devise creative ways to spend the same amount of time in the current years as I used to spend with the students in the past. I never want any of my students to come through my site and feel that they were just filling in as extra ancillary help, but rather that I challenged them and that we had meaningful conversations about their future in pharmacy and where the profession is headed.

SSPPS: Are there some specific challenges for future pharmacists you feel are important to address with your students?

Tan: For future pharmacists, a challenge they have that I did not while I was in college, is the increased negativity towards the field, especially in the community sector. This is a huge conversation I like to have with students, as I find the disparaging comments about entering the field of pharmacy and especially entering the field of community pharmacy have increased as time has passed. I admit that there are definitely more challenges than ever before, but I love what I do, I love being able to see the same patients every month, and it just takes the one nice patient to help me remember why I do what I do.

SSPPS: What is the most satisfying aspect of precepting students?

Tan: I love being a preceptor. One of the best parts of being a preceptor is making each experience tailored to the student and seeing them grow professionally, intellectually and seeing their self confidence grow! I remember how some of my rotations seemed so paint-by-numbers and didn't seem to add to my own personal growth. I wanted to make sure that future pharmacists can see the potential the knowledge that a PharmD can give and see the potential in themselves, too. It helps me keep up with the guidelines and learn newer treatments along the way. One day these students will be my peers and I want to help make our profession filled with knowledgeable and strong individuals.

Preceptor Achievements

Andrew Smith, PharmD, MBA, BCPS, BCCCP, was recently elected as the Chair-Elect of the ACCP Emergency Medicine PRN for 2021-2022.

Charisma Urbiztondo, PharmD, was voted "Top Pharmacist" by the graduating UCSD Internal Medicine class of 2020-2021. This award is given to one pharmacist from the VA San Diego or UCSD per year by the physician graduating class.

Dalga Surofchy, PharmD, APh, had a research article published in the *Journal of Contemporary Pharmacy Practice* with colleagues Christina Mnatzaganian, PharmD and Grace Kuo, PharmD. The article can be found here: <https://meridian.allenpress.com/jcph/article/68/1/21/464999/Perceptions-and-Attitudes-of-Pharmacogenomics>

Chirag Shah, PharmD was promoted to Director of Medical Communications at Neurocrine Biosciences.

Ben Dishman, PharmD had the book *I Can Treat That Well...Maybe?: Understanding Drug Treatments for Mental Illness or as I call it Diversity of Personality* published.

Preceptor Development Program: Summer

On Saturday morning, August 14th, 2021, two dynamic faculty speakers from the University of Maryland School of Pharmacy presented the annual Summer Preceptor Skills Workshop. Kristin Watson, PharmD, BCCP, and Sandeep Devabhakthuni, PharmD, BCCP, presented the seminar, "Preceptors Assemble! It's Time for Feedback" via Zoom. Strategies for providing specific and constructive feedback were explained, and common myths such as the "feedback sandwich" being the best approach (i.e. positive feedback, followed by negative feedback, ending with positive feedback") were deconstructed. Eighty-eight preceptors joined the session and breakout rooms gave participants a chance to discuss questions in small groups.

The speakers shared that we are all notoriously bad at evaluating others, and that our ratings often reflect our own characteristics. Negative feedback actually hinders learning, whereas positive feedback enhances learning and builds neurons. This event was approved for 2.0 hours of CAPE credit for both the live and online presentations. The online version of the presentation can be accessed through the following link: https://ucsd.co1.qualtrics.com/jfe/form/SV_5bipFz5fUMAgEKi

At right and bottom: Screenshots from the August 14th preceptor development program

Constructive Feedback

Tips for success

- Do not make it personal
- Cite specific examples
- Focus on 1-2 areas per interaction
- Develop a script
- Create/use a relaxed environment

A Ask the learner to self-assess

R Reinforce correct thinking and actions

C Correct errors

H Help learner develop improvement plan

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1. BMJ. 2008;337:a1961. Am J Health Syst Pharm. 2014;71:1592-96.

KEY TAKEAWAYS

- There is no one size-fits-all feedback approach
- A lot of feedback is subjective, and we are not great at it
- Assess if there is a root cause when a behavior/action appears to be out of the norm
- Feedback should include specific recommendations for improvement
- Feedback should be:
 - timely
 - specific
 - free of judgement

Revisiting the Experiential Education Absence Policy

Attending professional pharmacy meetings and residency/fellowship interviews are an important component of professional and career development for student pharmacists. Preceptors are encouraged to allow APPE students to attend professional meetings and interviews required for postgraduate applications. It is the responsibility of the student to organize these dates in ways to minimize the impact on their educational experiences. Students are expected to work with their preceptors when planning/scheduling interview dates. The Experiential Education Attendance and Absence Guidelines for the SSPPS may be viewed at this link: https://pharmacy.ucsd.edu/sites/pharmacy.ucsd.edu/files/Experiential%20Education%20Attendance%20and%20Absence%20Guidelines_0.pdf

SSPPS Preceptors: Do You Have an Appointment with us?

Benefits of an Appointment include:

- Physical and VPN access to the UC San Diego library system
- Utilize the UC San Diego shuttle bus service (shuttles serve campus, UC San Diego medical centers and key points off campus)
- May be eligible for reimbursement for poster presentations and/or meeting registration
- Eligible to attend SSPPS Preceptor Development Programs, with CAPE credit

For more information visit our Experiential Education website at: <https://pharmacy.ucsd.edu/faculty/experiential-education-preceptors>

The Pharmacist's Letter Resource

Through our partnership with the Pharmacist's Letter, you have access to the Preceptor Training & Resource Network. Here's what your access to Preceptor Training & Resource Network includes:

- Sample student syllabi, activities, assignments and schedules
- Targeted professionalism, patient safety and practice-based teaching resources
- PL Journal Club (APPE teaching tools)
- Pharmacy 101 (IPPE teaching tools)

To access these benefits please log in through the following link and create an account: <http://info.therapeuticresearch.com/pharmacists-letter-journal-club-application> If you have any questions or require assistance accessing the Preceptor Training & Resource Network, please contact Pam McGlynn at pmcglynn@healthucsd.edu

Contact the OEE

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Reminder: If your contact information changes please email Pam McGlynn at pmcglynn@health.ucsd.edu to update